

2013 MIAC Cross Country Championships

Saturday, Nov. 2, 2013

Como Golf Course - St. Paul, Minn.

Women's Race: [Results](#) | [Recap](#) |

Photos: [Action](#) - [Awards](#) |

Men's Race: [Results](#) | [Recap](#) |

Photos: [Action](#) - [Awards](#) |

| [2013 MIAC Cross Country Championship Highlight Video](#) |

Host: Bethel University

T-shirts: There will be a very limited number of shirts for sale at the event.

Soles4Souls: Bethel University and the MIAC will be collecting used athletic shoes to be redistributed to those in need through the Soles4Souls organization. There will be a collection bin at the MIAC Championships. [View this PDF](#) for more information, and please help benefit this worthy cause with your used shoe donations!



Men's Cross Country History	Women's Cross Country History
Recordbook	Recordbook
Archives	Archives
2012 Race Results	2012 Race Results
2012 Championship Recap	2012 Championship Recap
2012 MIAC Awards	2012 MIAC Awards

Como Golf Course | [Map to Course](#) |

MIAC Men's Cross Country | [Website](#) | [Composite Schedule](#) | [Team Pages](#) |

MIAC Women's Cross Country | [Website](#) | [Composite Schedule](#) | [Team Pages](#) |

A special thanks to our partners who assist with our championship:

